



LRVNA Community Resource List

Multi-Program Agencies

ServiceLink

1(866)634-9412

This statewide resource provides information, support and referrals to individuals of all ages and income levels and administers a wide range of services and programs.

Belknap/Merrimack County Community Action Program

(603)225-3295

Offers a wide range of services and programs.

Tri County Community Action Program (Grafton, Coos, and Carroll Counties)

1(888)648-2227

Offers a wide range of services and programs.

Catholic Charities NH

Laconia Office

(603)528-3035

Food assistance, limited transportation assistance, support and more.

NH 211 – Human services information and referral center.

Dial 211 or 1(866)444-4211

Utility Assistance

Belknap/Merrimack County Community Action Program

(603)223-0043

Tri County Community Action Program (Grafton, Coos, and Carroll Counties)

1(888)648-2227

You may also contact your town human services/welfare office to apply for emergency utility assistance.

Food Assistance

Meals on Wheels:

Moultonborough/Sandwich

(603)476-5111

Laconia Community Senior Center

(603)524-7689

Wolfeboro/Tuftonboro

(603)515-2043

Center Harbor Congregational Church -

Store to Door Grocery Program

Moultonborough/Center Harbor

(603)253-7698

Ossipee Concerned Citizens

(603)539-6821

Commodity Supplemental Food Program

1(800)942-4321

Meredith Emergency Food Pantry
(603)279-1115

There are many more food pantries throughout New Hampshire towns. Please contact ServiceLink at 1(866)634-9412 for further assistance in finding a food pantry close to you.

Housing

NH Housing Finance Authority Assisted Housing Division – Assists in finding affordable housing in Nh.
1(800)640-7239

DHHS Homeless Services - Homeless Outreach and Intervention
(603)271-9196
Alternative - 1(800)852-3343 ext. 9196

Medical Alert/Fall Alert

Philips Lifeline
1(800)451-0525

Support Groups

Alzheimer's Support Group
Huggins Hospital
(603)569-4690

Alzheimer's Support Group
Golden View
(603)279-8111

Bereavement Support Group
Lakes Region VNA
(603)279-6611

Counseling/Therapy Services

Lakes Region Mental Health Center

(603)524-1100

Transportation

Medicaid CTS – Medical Only
1(844)259-4780
(603)271-3770

American Cancer Society – Transportation to cancer related medical appointments.
1(800)227-2345

Interlakes Community Caregivers
(603)253-9100

Home Health and Private Duty Care Agencies

Home Health Care Hotline
1(800)621-6232

Comfort Keepers
1(800)990-0727

Live Free Home Care
(603)217-0149

Visiting Angels
(603)366-1993

For more information on private duty care options please feel free to contact the Lakes Region VNA.

Assisted Living

Assisted Living Locators of NH
(603)393-6452

Legal Resources

New Hampshire Legal Assistance
1(800)562-3174

Elderly and Adult Protective Services

In New Hampshire, the Bureau of Elderly and Adult Services (also known as BEAS) handles concerns about abuse or neglect of a person who is elderly or who is an adult with a disability. BEAS can help to assess the situation, ensure safety, and offer resources. To report a concern contact:
(603)271-9203

24/7 Crisis Lines

Veterans Crisis Line
1(800)273-8255

Mental Health and Substance Abuse Crisis
Hotline – NH Rapid Response Access Point
1(833)710-6477

NH Domestic Violence and Sexual Assault
Crisis Line
1(866)644-3574

For Further Help...

If you feel that you are in need of further assistance and are struggling to find resources please contact ServiceLink at 1(866)634-9412. You may also reach out to the Lakes Region VNA to be connected with a staff from the social work team.